

Monday



3

Beef Frank
Tator Tots
Baked Beans
Fruit

10

Mozzarella Sticks w/
Marinara Sauce
Steamed Broccoli
Fruit

17

Chicken Tenders
Green Beans
Fruit

24

Tuesday

Chicken Patty
Steamed Carrots
Fruit

4

Beef or Chicken Taco
Corn
Seasoned Black Beans
Tomato Salsa
Fruit

11

Spaghetti w/
Meat sauce
or Alfredo Sauce
Green Beans
Fruit

18

Beef or Chicken Taco
Corn
Seasoned Black Beans
Tomato Salsa
Fruit

25

Wednesday

Welcome Back
Students!!
Hamburger or Cheeseburger
Pickles, Corn on the Cob
Strawberries

5

Cheese or Pepperoni
Pizza
Romaine Salad
Fruit

12

Chicken Caesar Salad
WG Roll, Fruit
Or
Turkey Sub, side salad
Fruit
Wellness Wednesday

19

Cheese or Pepperoni
Pizza
Romaine Salad
Fruit

26

Thursday

Chicken Caesar Salad
WG Roll, Fruit
OR
Tuna Sub w/ a side salad
Fruit

6

Grilled Cheese
Steamed Carrots
Fruit

13

Hamburger or
Cheeseburger
French Fries
Fruit

20

Homemade Macaroni
& Cheese w/ WG roll
Carrots
Fruit

27

Friday

Turkey or Ham Sub
Lettuce, Cheese
Cucumber Slices
Fruit

7

French Toast Stix
Hash Brown Patty
Sausage Links
Fruit

Noon Mass

14

Sausage, Egg &
Cheese on WG biscuit
Hash Brown
Fruit

21

Chicken Caesar Salad
w/ WG Roll, Fruit
Or

Turkey Sub
Side Salad & fruit

28

